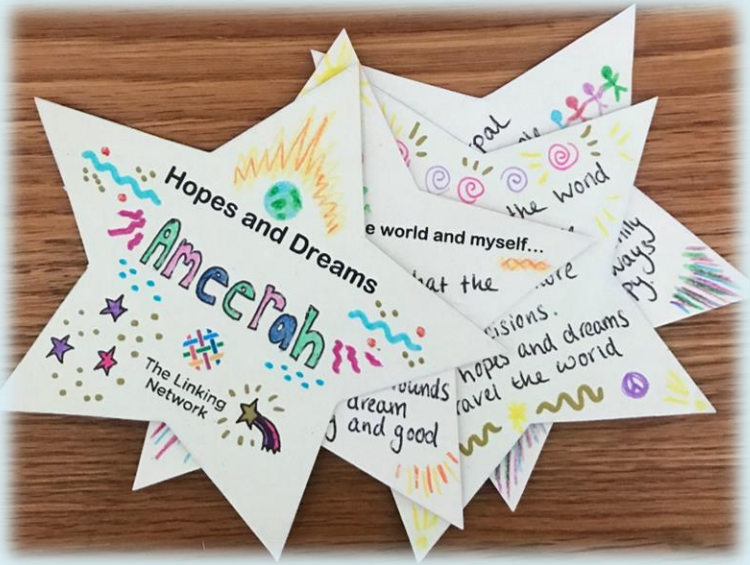
PSHE- Sharing our feelings.

Exploring our hopes and dreams for the future



Home Learning

The Linking Network

We will all have different hopes and dreams- some for ourselves, some for others and some for the world we live in.

But what do the words 'hopes' and 'dreams' mean?

Share some of your ideas with another family member.



The Linking Network

Hopes

A feeling of expectation and desire for a particular thing to happen.



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Dreams

A cherished aspiration, ambition or ideal

e.g. Aminah has dreams of travelling the world.



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What hopes and dreams do you have for yourself?

This may include:

- What you want to be when you're older
- A new skill you want to learn
- Places that you would like to visit
- Goals that you would like to achieve

The Linking Network

What hopes and dreams do you have for your family?

This may include:

- Positive things you want to happen to them
- Things you want them to achieve
- Things you want to do with them

The Linking Network

What are your hopes and dreams for the world?

This may include hopes and dreams for:

- The people of the world
- Animals
- The environment

The Linking Network

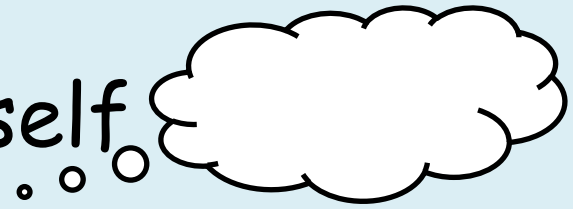
Speaking to others is a really great way to find out more about them. Why not speak to someone in your home about their hopes and dreams? You could even telephone or send a message to a family member or a friend.

Can you find any similarities between their hopes and dreams and yours? What are the differences?

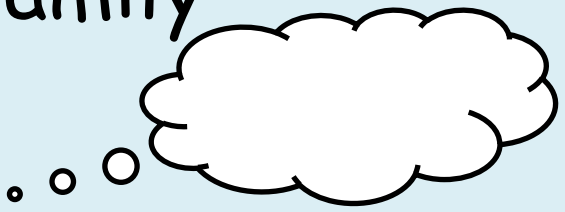
Before telephoning or sending a message, please ask permission from your adult first.

The Linking Network

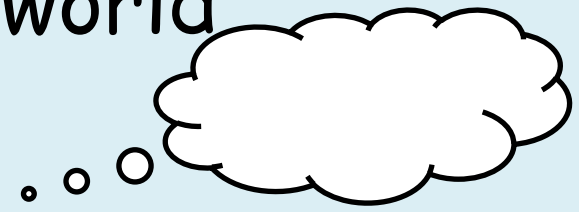
- Hopes and dreams for myself



- Hopes and dreams for my family



- Hopes and dreams for the world



The Linking Network

Make your own 'Hopes and dreams' Jar or Bucket for a window sill in your house.

Hopes and dreams for myself



Hopes and dreams for our world

As well as being individuals, we are also part of the world.

The Linking Network

Think about this yourself or talk to someone in whichever way you prefer:

Are any of our dreams similar?



Are there some hopes and dreams that matter to everyone?

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Hopes and Dreams Jar

Put your jar somewhere safe and when you think of any more hopes or dreams add them to your collection. After a while, look at your messages. Have any of your hopes and dreams come true? Is there anything you can do to make a difference?





The Linking Network