Newport Infant School and Nursery PSHE EYFS Curriculum

Nursery – Acorn Class (2-3 years)
At the end of Acorns, children will be able to:

- Grow in independence.
- Manage the transition from parent to key person
- Play with increasing confidence with others, developing friendships
- Express a range of emotions, beginning to talk about these
- Learn how to use the toilet with help
- Notice and ask questions about skin colour, hair colour and gender

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Explore emotions, what they are and why we have them Look at skin colour, hair colour and eye colour and begin to notice them Begin to learn and adhere to the nursery rules		Be confident to go to new places around school and beyond			

The children will have daily opportunities to develop independence, friendship, toileting and become more self-aware. This will be done daily through incidental, planned and environment opportunities.

Nursey – Oak Class (3-4 years)
At the end of Nursery children will be able to:

- Manage their own self care including toileting and dental care
- Select and use resources independently, sometimes needing help – becoming Ready Eddie
- Be more confident in unfamiliar places and with unfamiliar people.
- Developing friendships, playing with others and elaborating their ideas
- Begin to find solutions to conflicts.
- Begin to follow and remember rules without need for adult support, developing awareness of our golden rules
- Use feelings such as sad, angry and happy and talk about when they may feel that why.

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
I can talk about the feelings I have using words happy, sad, angry etc. I can talk about when I feel different ways I am becoming independent in my new room, finding where resources are located and how to use them I am becoming aware of the golden rules I am becoming aware if some of the ways to keep healthy such as healthy eating. I can use the bathroom with independence I know I need to brush my teeth daily to keep them clean		I know I need to brush my teeth, eat less sugary foods and visit the dentist to keep my teeth clean and healthy I can talk about some of the healthy foods I enjoy to eat. I know the golden rules. I can use the Nursery environment with independence, seeing adults out for help less frequently.		I am becoming more confident in my new setting during transition days I can talk about my new setting with ease I have good friends in Nursery and can play with them, solving conflicts and issues.	

Throughout the year the children will be given opportunities and learning activities daily that enable them to develop relationships, select and use resources with increasing independence, go on visits around school and the local area to develop confidence, have visitors and be introduced to less familiar adults. The children will explore their feelings regularly.

At the end of Reception children will be able to:

- To know that others have feelings and show awareness of their own and other's feelings
- To have the control to wait for what they want and adapt their behaviour to demonstrate self-regulation
- To be confident to try new activities showing independence, perseverance and a good Ready Eddie characteristics
- To know why we have rules, follow the rules of the school and the wider community.
- Develop good friendships with others, taking turns and forming positive ad sensitive relationships

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- To manage their own basic health hygiene

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
I know the rules of school, why we have them to keep safe. I know where there are rules we need to follow such as the road safety rules I know that bullying is unking actions that happen several times on purpose (STOP) I can use the toilet and wash my hands independently	I can learn about how to keep safe through Super Sue I know that I need to stay safe online and how to behave when accessing laptops and tablets I can dress and undress independently (PE)	I know there are rules we must follow to keep the environment clean and take care of our world I know how to take care of my teeth and how dentists help me do this (visitor)	I know how what I eats helps me stay healthy.	I can keep myself safe and learn ways I can help myself stay self – PANTS I know the rules I must follow to look after our world, particularly the ocean.	I know that I need to eat a range of healthy foods and can choose the correct food to eat I can prepare for change as I move to Year One
Throughout the year the children will be given opportunities and learning activities daily that enable them to develop relationships, reflect on behaviour, learn self-regulation and calming techniques (through calm brain) The children will also be developing their hygiene and health skills daily.					

Assessment at the end of the year is against the Early Learning Goals. PSHE can be found in the Personal, Social and Emotional Development statements which are:

Self-Regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly
- Set up and work towards simple goals, being able to wait for what they want and control their immediate impulse when appropriate
- Give focused attention to way je teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions

Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge
- Explain the reasons for rules, know right from wrong and try to behave accordingly

Building Relationships

- Work and play cooperatively and take turns with others
- Form positive attachments to adults and friendships with peers
- Show sensitivity to their own and to others' needs.