Early Help & Family Support

What is Early Help & Family Support?

Early Help is a way of getting extra support when you or your family needs it, at the earliest possible stage, rather than waiting until things get worse. You can receive support from a wide range of services and organisations that will work together to provide the right support for your family's needs.

- We can connect families with other multi-agency initiatives that can support you and your family.
- We can help ensure that families receive the help they require as soon as possible. This early intervention can prevent issues from escalating and causing further difficulties in the future.
- We can help create a brighter future for your child/ren and family, promoting their overall welfare.
- We can offer universal and targeted/ specialist services.
- Early Help is available at any stage of a child's life.

If you want to know more or would like access to Early Help, please contact your Headteacher.



Areas of Early Help & Family Support

Bereavement
Sleep
Routines
Hygiene
Boundaries
Attendance
Food parcels & food bank
Mental health
Relationships
Reward charts
Toileting
Smoking
Clothing
Self-esteem
Winter coat & shoes
Punctuality
Diet & food
Soft starts
Parenting support
Housing Issues
Family breakdown

And many more!

Other ways we can help . . . .

We can offer a variety of help and support from simple things to more complicated situations.

- Friendly advice
- A listening ear
- Help with form-filling or reading documents that relate to you and your family
- Help you speak to school staff about things that maybe difficult
- Support at appointments to get specialist help

Schools may also offer

- Breakfast clubs & afterschool clubs
- Parent workshops & drop in sessions

We can also signpost you to dedicated agencies and organisations such as:

- Family Connect
- School Nurse
- Mental Health support
- Health Visitors
- Strengthening families
- Citizens advise
- Housing services
- Domestic Abuse Services

Useful contacts & websites

Family Connect

Family Connect is a free, confidential service providing, impartial advice, information, guidance and support on a full range of children's services available across the borough including childcare, activities, school admissions and finance.

Website www.familyconnecttelford.co.uk

Phone 01952 385385

Email familyconnect@telford.gov.uk

BEAM

Emotional health and wellbeing drop-in service for young people under 25 years old who are registered with a GP in Shropshire, Telford or Wrekin.

Website www.childrenssociety.org.uk/beamshropshire

Phone 01952 459650

Email shropshirebeam@childrenssociety.org.uk

Address 9 Market St, Wellington, Telford TF1 1BP

Telford Crisis Support

Food support, Baby & Toddler bank and School uniform

Website www.telfordcrisissupport.org.uk

Phone 01952 380400 or 586646

Email admin@telfordcrisissupport.org.uk

Maniplace

Website www.maninplace.org.uk

Phone 01952 248248

T&W Family Hubs

Website www.telford.gov.uk/familyhubs

Phone 01952 385465

Email telfordfamilhubs@telford.gov.uk

PODS (Parents Opening Doors) Parent Carer Forum

Website www.podstelford.org

Phone 01952 458047

Email support@podstelford.org

SENDIASS (SEND Information Advice and Support Service)

Website www.telfordsendiass.org.uk

Phone 01952 457176

Email info@iass.org.uk

Young Carers

Website www.telfordcarers.org.uk/youngcarers

Phone 01952 457176

Email info@iass.org.uk

Parenting Smart

Website www.parentingsmart.place2be.org.uk

Housing Issues

Website www.telford.gove.uk

Newport Cluster

Family Support and Early Help

Family life can sometimes be difficult and challenging. From time to time there may be situations where you feel you need more help and support. At these times we can offer you what is known as the Early Help Offer.