OUR MENUS

Download your copy at www.telford.gov.uk/schoolmeals

1. All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
2. We provide a choice of Vegetables, Salad and Fresh Fruit daily.
3. At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
4. Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
5. We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
6. We Oven Bake in preference to Frying.
7. We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
8. All of our suppliers ensure full traceability of our Food.
9. Some of our menu choices are developed with children through the Eatwell Project.

eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Soil Association FOOD FOR LIFE BRONZE CATERING

SOFT FACILITIES INNOVATION AWARDS 2020 GREEN INNOVATION

NEWPORT INFANT SCHOOL AND NURSERY SCHOOL MENU

BE READY

Let's Dine April 2025 to March 2026

Be Kind

BE SAFE

Newport Infant School and Nursery

Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days

FREE SCHOOL MEALS DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less that £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Menu calendar

Summer Term 2025	
28 APR	WK 1
5 MAY	WK 2
12 MAY	WK 3
19 MAY	WK 1
26 MAY - HALF TERM	
2 JUN	WK 3
9 JUN	WK 1
16 JUN	WK 2
23 JUN	WK 3
30 JUN	WK 1
7 JUL	WK 2
14 JUL	WK 3

Autumn Term 2025	
1 SEPT	WK 1
8 SEPT	WK 2
15 SEPT	WK 3
22 SEPT	WK 1
29 SEPT	WK 2
6 OCT	WK 3
13 OCT	WK 1
20 OCT	WK 2
27 OCT - HALF TERM	
3 NOV	WK 1
10 NOV	WK 2
17 NOV	WK 3
24 NOV	WK 1
1 DEC	WK 2
8 DEC	WK 3
15 DEC	WK 1

Spring Term 2026	
5 JAN	WK 1
12 JAN	WK 2
19 JAN	WK 3
26 JAN	WK 1
2 FEB	WK 2
9 FEB	WK 3
16 FEB - HALF TERM	
23 FEB	WK 2
2 MAR	WK 3
9 MAR	WK 1
16 MAR	WK 2
23 MAR	WK 3

www.telford.gov.uk/freeschoolmeals

V Vegetarian
Ve Vegan
H Halal

WEEK 1

MONDAY

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

TUESDAY

Pizza bar *selection of toppings including* **Ham, Pineapple V, Peppers V, Sweetcorn V, Onions V**

Cheese and Tomato Pizza V

Diced Potatoes, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Chocolate Crunch

WEDNESDAY

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce with Garlic Bread*

Quorn Bolognaise V

Pasta Twists, Carrots, Broccoli, Seasonal Salad Selection, Bread

Strawberry Sponge and Custard

THURSDAY

Chicken Goujons with Tomato or BBQ Sauce

Quorn Dunkers V

Boiled Rice, Jacket Wedges, Sweetcorn, Big Seasonal Salad Selection, Bread

Oat and Raisin Cookie

FRIDAY

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* **or Fishcake**

Vegetable and Mixed Bean Pasta Bake V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream



WEEK 2

MONDAY

Pizza bar *selection of toppings including* **Ham, Pineapple V, Peppers V, Sweetcorn V, Onions V**

Cheese and Tomato Pizza V

Spaghetti in a Rich Tomato Sauce, Sweetcorn, Big Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

TUESDAY

Wrap Day *various fillings available* **Hot Chicken, Ham or Tuna**

Cheese Wrap V

Jacket Wedges, Big Seasonal Salad Selection, Bread

Fruit Muffin Selection

WEDNESDAY

Pork Sausage with a Yorkshire Pudding *Farm Assured Pork Sausage*

Vegetarian Balls V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Seasonal Salad Selection, Bread

Chocolate Sponge and Chocolate Sauce

THURSDAY

Sweet and Sour Chicken *Farm Assured Chicken in a Chef's Sweet and Sour Sauce* **or BBQ Chicken** *Farm Assured Chicken in a Chef's BBQ Sauce*

Quorn Nuggets V

Boiled Rice, Noodles, Sweetcorn, Broccoli, Seasonal Salad Selection, Bread

Vanilla Ice Cream

BE SAFE

FRIDAY

Battered Fish *White fillet of fish coated in a light batter* **or Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Vegetable and Mixed Bean Pasta Bake V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Fruity Friday – Cooks' choice of Fruit based Pudding

Sandwich Option
Packed lunch available

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

WEEK 3

MONDAY

Hot Dog *Farm Assured Pork Sausage in a Soft Bread Roll with Tomato Ketchup*

Quorn Dog *Quorn Sausage in a Soft Bread Roll with Tomato Ketchup V*

Potato Smiles, Garden Peas, Seasonal Salad Selection, Bread

Cookie Selection

TUESDAY

Chicken in Tomato Sauce *Farm Assured Chicken in a Chef's Tomato Sauce*

Macaroni Cheese *Macaroni Pasta in a Creamy Cheese Chef's Sauce V*

Pasta Twists, Big Seasonal Salad Selection, Bread

Iced Fruit Sponge

WEDNESDAY

Sausage Roll *Farm Assured Pork Sausage meat encased in Puff Pastry*

Quorn Vegetarian Roll V

Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Golden Shortbread

THURSDAY

Chicken Korma *Farm Assured Chicken in a Chef's Korma Sauce*

Quorn Korma Curry *Tender Quorn pieces in a Chef's Korma Sauce V*

Boiled Rice, Carrots, Broccoli, Seasonal Salad Selection, Naan Bread

Fresh Fruit Salad

FRIDAY

Battered Fish *White fillet of fish coated in a light batter* **or Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Quorn Dunkers V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Arctic Roll or Ice Cream

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

BE READY

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday.
Individual Yoghurts available Tuesday and Thursday. All items subject to availability.