

Heeley's Highlights

Issue No: 16
Date: 09/01/2026

Dear Parents and Carers,
The children have returned refreshed and have made a positive start to the new term. Our value this half term is 'Love' and in assembly on Wednesday, we thought about the people we love, in particular our family. We discussed how families come in all shapes and sizes, but the common thing with a family is love for one another. Every child in school drew their own family to show how diverse families are. These will be on display in the hall, as part of our Love display.
It was our 'Wellbeing Day' on Tuesday and talked about how important it is to be the best version of ourselves that we can. We discussed setting resolutions to help us have a fresh, clean start to the year and think about any negative behaviours we might want to change.

Please remember if you have a child in nursery, or a child in Y2, you need to have completed your school applications this weekend.

Warmest wishes for a cold, frosty weekend. Wrap up warm!
I hope you have a great weekend.
Mrs Heeley



Census day—Thursday 15th January

It would be great if all children could please take up the offer of their Free School Meal next Thursday.

Change of Menu

On this day it will be Sausage and Yorkshire Pudding and Chocolate Sponge with Chocolate Sauce for pudding. Sandwiches and Jacket potatoes will also be available.

Wednesday 15th January

Sweet and Sour Chicken and Vanilla Ice-Cream for pudding.

For week beginning 12th January we will be on week 2 of the dinner menu.
Although we do offer sandwiches we would like it very much if you could please encourage your child to have a hot meal every day during this cold period.
Thank you.

PARKING

Can we please appeal to all our parents to park considerately? Please think about our neighbours and **Do Not block** driveways or park on bends or double yellow lines especially by the Nova car garage!

There is a walkable car park at Shuker Field and also Saver's car park by the Junior School.

Parking is NOT allowed on the zig zag lines outside school, EVEN FOR DROPPING OFF! The times this needs to be adhered to are 8am—5pm, which is clearly labelled on the street sign. This is for our children's safety.

If you do park on the lines, you are breaking the law and could risk a fine.



From everyone in school to:



Birthdays this week

Cooper in Acorn Class is now 3 Years Old

Toby in Oak Class is now 4 Years Old

Rowan in Rabbit Class is now 5 Years Old

Hope in Fox Class is now 5 Years Old

Finn and Holly in Squirrel Class are now 7 Years Old

Isabelle in Deer Class is now 7 Years Old

BRIGADE UNIFORM

Dear Parents and Carers

We are pleased to share a special Winter Warmer promotion from Brigade, available this weekend only.

Promotion Details:

- Discount: 15% off school uniform orders
- Promo Code: WW15 (must be entered at checkout)
- Valid: Saturday 10th – Sunday 11th January 2026
- How to Order: Visit www.brigade.uk.com, select our school from the drop-down menu, and enter the promo code at checkout.

This is a great opportunity to top up your child's uniform and keep them warm and comfortable during the winter months.

Sun
Mon
Tue
Wed
Thu
Fri
Sat

Dates for your diary



January 2026

Thurs 15th	Census Day
Mon 26th	PODS Coffee Afternoon 2-3.30pm

Click here to see our term dates

February 2026

Mon-Fri 9-14th	Wonderful World of Work Week
Mon -Fri 16th-20th	Half Term Week

INFANT SCHOOL APPLICATIONS

Just a reminder that Infant School applications need to be completed and returned by 15 January 2026

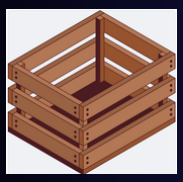
JUNIOR SCHOOL APPLICATIONS

Just a reminder that Junior School applications need to be completed and returned by 15 January 2026



REMEMBER!

Crates and Tyres wanted!
Do you have any crates, tyres or tubing that we could use for outdoor play? If so, please arrange delivery with the school office.
Thank you.





A quick reminder about water bottles

Please remember that your child's water bottle should be filled with water and not juice, unless your child has a medical reason and it has been cleared by the Class teacher or the Headteacher.
Thank you.

Important Notice

If your child attends **High 5** club, Please remember that breakfast stops being served at 8.30am.
Many thanks.

Please remember whilst on school premises to supervise your children during drop off and pick up.
Thank you



INHALERS
All inhalers and spacers were returned home at the end of last term.
Please can they come back to school ASAP cleaned and in date?

Parents' guide:

Gaming advice to support pre-teens

internet matters.org



What to think about:



Ways games can benefit children

If your child is a keen gamer, **steer them towards games that will help them to develop life skills** like problem-solving or supplement their learning.



Be aware of game content and themes

It's important to **stay on top of what themes are featured in the games** they play so that you can be aware of how these might influence their view of the real world.

What to talk about

Discuss what they enjoy playing

Have regular conversations about the games they play so you can create an environment where they feel they can come to you if something goes wrong.

Talk about potential risks

Help them understand the **importance of keeping personal details private** and tell them that not everyone online is who they say they are.

How to cope when things go wrong

If they see something that upsets them or are targeted by another player in a game, it's important to talk about how to handle this situation. **Advise them to come and talk to you or a trusted adult for support.**



Please see the full guide:
Gaming guide for Pre-teens - Internet Matters

The website has lots of other useful guidance.
Online Safety Leaflets & resources - Internet Matters

LUNCH MENU

Week beginning 12th January will be **Week 2**

H Halal

WEEK 1

MONDAY
Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

TUESDAY
Pizza bar *selection of toppings including* **Ham, Pineapple** V, **Peppers** V, **Sweetcorn** V, **Onions** V

Cheese and Tomato Pizza V

Diced Potatoes, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Chocolate Crunch

WEDNESDAY
Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce with Garlic Bread*

Quorn Bolognaise V

Pasta Twists, Carrots, Broccoli, Seasonal Salad Selection, Bread

Strawberry Sponge and Custard

THURSDAY
Chicken Goujons with Tomato or BBQ Sauce

Quorn Dunkers V

Boiled Rice, Jacket Wedges, Sweetcorn, Big Seasonal Salad Selection, Bread

Oat and Raisin Cookie

FRIDAY
Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* **or Fishcake**

Vegetable and Mixed Bean Pasta Bake V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

WEEK 2

MONDAY
Pizza bar *selection of toppings including* **Ham, Pineapple** V, **Peppers** V, **Sweetcorn** V, **Onions** V

Cheese and Tomato Pizza V

Spaghetti in a Rich Tomato Sauce, Sweetcorn, Big Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

TUESDAY
Wrap Day *various fillings available* **Hot Chicken, Ham or Tuna**

Cheese Wrap V

Jacket Wedges, Big Seasonal Salad Selection, Bread

Fruit Muffin Selection

WEDNESDAY
Pork Sausage with a Yorkshire Pudding *Farm Assured Pork Sausage*

Vegetarian Balls V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Seasonal Salad Selection, Bread

Chocolate Sponge and Chocolate Sauce

THURSDAY
Sweet and Sour Chicken *Farm Assured Chicken in a Chef's Sweet and Sour Sauce* **or BBQ Chicken** *Farm Assured Chicken in a Chef's BBQ Sauce*

Quorn Nuggets V

Boiled Rice, Noodles, Sweetcorn, Broccoli, Seasonal Salad Selection, Bread

Vanilla Ice Cream

BE SAFE

FRIDAY
Battered Fish *White fillet of fish coated in a light batter* **or Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Vegetable and Mixed Bean Pasta Bake V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Fruity Friday – Cooks' choice of Fruit based Pudding

WEEK 3

MONDAY
Hot Dog *Farm Assured Pork Sausage in a Soft Bread Roll with Tomato Ketchup*

Quorn Dog *Quorn Sausage in a Soft Bread Roll with Tomato Ketchup* V

Potato Smiles, Garden Peas, Seasonal Salad Selection, Bread

Cookie Selection

TUESDAY
Chicken in Tomato Sauce *Farm Assured Chicken in a Chef's Tomato Sauce*

Macaroni Cheese *Macaroni Pasta in a Creamy Cheese Chef's Sauce* V

Pasta Twists, Big Seasonal Salad Selection, Bread

Iced Fruit Sponge

WEDNESDAY
Sausage Roll *Farm Assured Pork Sausage meat encased in Puff Pastry*

Quorn Vegetarian Roll V

Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Golden Shortbread

THURSDAY
Chicken Korma *Farm Assured Chicken in a Chef's Korma Sauce*

Quorn Korma Curry *Tender Quorn pieces in a Chef's Korma Sauce* V

Boiled Rice, Carrots, Broccoli, Seasonal Salad Selection, Naan Bread

Fresh Fruit Salad

FRIDAY
Battered Fish *White fillet of fish coated in a light batter* **or Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Quorn Dunkers V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Arctic Roll or Ice Cream



Sandwich Option
Packed lunch available

FUN FOOD FACT
Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT
A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

BE READY

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday

Next week we will be on Week 2. Please see page 2 for changes

Packed Lunches

Please note, lunchbox rubbish is sent home so that you can see what has been eaten. If your child brings grapes or mini eggs, please cut them in half to prevent any potential choking hazards. For healthy lunchbox ideas, follow this link:

https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/