Relationships, Sex and Health Education Policy

Date of Policy Creation	April 2026
Policy Lead	Lizzie Howard Emma Heeley
Date of Policy Adoption by Governing Body	June 2026
Frequency of review	Annually
Review Due	June 2027
Policy Category	Curriculum & Outcomes

1. Introduction

At Newport Infant School & Nursery, we are committed to providing a high-quality Relationships Education curriculum that supports our pupils' emotional wellbeing, safety, and personal development.
We use Kapow Primary to deliver a structured and progressive programme tailored to the needs of children in Key Stage 1. This is then built on at Newport Junior School, as they also use Kapow to teach their RSE curriculum.
This policy reflects the statutory requirements set out by the Department for Education and ensures that our teaching is age-appropriate, inclusive, and sensitive to the needs of all pupils.

2. Aims

The aims of Relationships Education at Newport Infant School & Nursery are to:
-Help children form positive, respectful relationships
-Develop understanding of feelings and emotions
-Teach the importance of kindness, respect, and empathy
-Support children in recognising safe and unsafe situations
-Encourage children to seek help from trusted adults when needed

3. Statutory Requirements

This policy is based on the following documents:

-Statutory Guidance found in: Relationships Education, Relationships and Sex Education (RSE) and Health Education guidance, July 2025 Relationships Education, Relationships and Sex Education and Health Education guidance

-Children and Social Work Act 2017

In infant schools:
-Relationships Education is compulsory
-Sex education is not taught, beyond the requirements of the science curriculum

4. Curriculum Content

We use Kapow Primary to deliver our curriculum, which includes:

Key Themes:
-Families and people who care for me
-Caring friendships
-Respectful relationships
-Online relationships (basic awareness)
-Being safe

Pupils will learn:
-That families can look different but provide love and care
-How to be a good friend and resolve simple conflicts
-The importance of kindness and respect
-Basic rules for keeping safe, including online
-The concept of personal boundaries (e.g., “my body belongs to me”)
-All content is carefully sequenced and age-appropriate.

5. Teaching and Learning
Relationships Education is taught:
-By class teachers in a safe, supportive environment
-Through discussion, stories, role-play, and practical activities
-Using clear ground rules to create a respectful classroom atmosphere

Teachers:
-Use correct, age-appropriate vocabulary
-Adapt lessons to meet the needs of all learners, including pupils with SEND
-Encourage questions while maintaining appropriate boundaries

6. Safeguarding and Confidentiality
Safeguarding is central to our Relationships Education curriculum.
Staff follow the school’s safeguarding procedures at all times
Any disclosures made by pupils are handled in line with safeguarding policy
Pupils are taught to identify trusted adults they can talk to
Children are not asked to share personal or sensitive information

7. Inclusion and Equality
Our curriculum is inclusive and reflects the diversity of modern Britain.
We ensure compliance with the Equality Act 2010 by:
-Representing a range of families and relationships
-Challenging stereotypes
-Promoting respect for all individuals

8. Parental Engagement
We recognise that parents and carers are the primary educators of children in matters of relationships.
We will:
-Inform parents about the curriculum content
-Provide opportunities to view teaching materials where appropriate
-Communicate openly about the aims and content of lessons
Parents should note:
-Relationships Education is statutory and cannot be withdrawn from
-No sex education is taught in infant school

9. Monitoring and Review
This policy will be:
-Reviewed annually by senior leaders and governors
-Evaluated through pupil, staff, and parent feedback
-Updated in line with changes from the Department for Education

10. Roles and Responsibilities
Headteacher
-Ensure the policy is implemented effectively
-Support staff and monitor provision

Teachers
-Deliver the curriculum in line with this policy
-Create a safe and inclusive learning environment

Governors
-Oversee and review the policy
-Ensure statutory compliance

11. Conclusion
At Newport Infant School & Nursery, we believe that high-quality Relationships Education supports children to become safe, happy, and respectful individuals. Through our use of Kapow Primary, we ensure a consistent and age-appropriate approach that prepares pupils for life in modern Britain.